

2647486

**Efamol High Strength Pure Evening Primrose Oil 90 x 500mg Capsules**

**Ingredients**

Pure Evening Primrose Oil, Capsule Shell (Bovine Gelatin, Humectant (Glycerol)), Vitamin E (dl-alpha tocopheryl acetate).

**NUTRITIONAL INFORMATION:**

<b>Per Adult Daily Intake (Two capsules)</b>		<b>%NRV*</b>
Efamol Pure Evening Primrose Oil	1000mg	**
of which: Omega-6	755mg	**
of which: GLA	115mg	**
Vitamin E	10mg $\alpha$ -TE	83

\*Nutrient Reference Value formerly known as Recommended Daily Allowance

\*\* No NRV established

$\alpha$ -TE = alpha tocopherol equivalents