

Ingredient	Per Daily Dose	% NRV
Vitamin A	800 µg RE	100
Vitamin E	268 mg α-TE	2233
Vitamin C	500 mg	625
Riboflavin (Vitamin B2)	1.4 mg	100
Zinc	15 mg	150
Copper	2 mg	200
Manganese	2 mg	100
Selenium	55 µg	100
Lutein	10 mg	-
Zeaxanthin	2 mg	-

NRV means Nutrient Reference Value