Seven Seas Cod Liver Oil Plus Omega-3 Fish Oil Liquid with Vitamin D 450ml Ingredients

Cod Liver Oil (Fish) (51%), Fish Oil (49%) Vitamin A Prep. (Vitamin A, Sunflower Oil), Vitamin D Prep. (Fractionated Vegetable Oil, Vitamin D), Vitamin E.

For allergens, please see ingredients in **bold**

NUTRITION INFORMATION:

Average Values	Per 10 ml	
Cod Liver Oil and Fish Oil	9.2 g	
Providing Omega-3 nutrients	1950 mg	
of which EPA	840 mg	
of which DHA	740 mg	
	Per 10 ml	% NRV
Vitamin A	1200 μg RE	150
Vitamin D	10 μg	200
Vitamin E	6.6 mg α-TE	55

NRV = Nutrient Reference Value