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**Solgar Gentle Iron 20mg - 90 Capsules**

**Ingredients**

Bulking Agent: microcrystalline cellulose, Iron (ferrous bisglycinate), Vegetable Capsules Shell: hydroxypropylmethyl cellulose, Anti-caking Agent: vegetable magnesium stearate.

**Nutritional Information**

<b>Each vegetable capsule provides</b>	<b>mg/?g</b>	<b>% EC NRV</b>
Iron (ferrous bisglycinate)	20mg	143%