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Ingredients

Whey (Milk) protein, Capsule shell,(hypromellose),Ferrous sulfate, Acidity regulators (sodium acetate, acetic acid),Vitamin C (ascorbic acid), emulsifier (polysorbate 20),Capsule colourants (titanium dioxide, yellow iron oxide, black iron oxide)

Allergy advice: Please see ingredients in **bold**.

Nutritional Information

| Ingredient | Per Capsule | %NRV |
|-------------|-------------|-------------|
| Iron | 20mg | 143% |

NRV=Nutritional Reference Value