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**Nutrition Information:**

<b>Ingredient</b>	<b>Per 1 Tablet</b>	<b>% NRV</b>
Vitamin D3	20 µg	400
Vitamin C	80 mg	100
Thiamin (Vitamin B1)	1.1 mg	100
Riboflavin (Vitamin B2)	1.4 mg	100
Niacin	16 mg NE	100
Vitamin B6	10 mg	714
Folic Acid	200 µg	100
Vitamin B12	10 µg	400
Biotin	50 µg	100
Pantothenic Acid	30 mg	500
Iron	14 mg	100
Zinc	10 mg	100
Ginkgo Biloba Extract	160 mg	-

NRV mean Nutrient Reference Value