

	Per serving
Energy	749kJ / 179kcal
Fat	7.4g
Of which saturates	2.9g
Of which monounsaturates	2.3g
Of which polyunsaturates	1.8g
Carbohydrates	16g
Of which sugars	1.2g
Fibre	7.2g
Protein	14g
Salt	0.12g