

	Per Serving
Energy	749kj / 179kcal
Fat	7.4g
Of which saturates	2.9g
Of which monounsaturates	2.3g
Of which polyunsaturates	1.8g
Carbohydrates	16g
Of which sugars	1.5g
Fibre	7.0g
Protein	14g
Salt	0.09g