

10270058

	Per Tablet	%NRV
Vitamin A	800 µg RE	100%
Vitamin D3	20 µg	400%
Vitamin E	12 mg α-TE	100%
Vitamin K	25 µg	33%
Vitamin C	80 mg	100%
Thiamin (Vitamin B1)	1.1 mg	100%
Riboflavin (Vitamin B2)	5 mg	357%
Niacin	16 mg NE	100%
Vitamin B6	2 mg	143%
Folic Acid	200 µg	100%
Vitamin B12	25 µg	1000%
Biotin	25 µg	200%
Pantothenic Acid	10 mg	167%
Calcium	200 mg	25%
Magnesium	60 mg	16%
Iron	14 mg	100%
Zinc	10 mg	100%
Copper	1 mg	100%
Manganese	1 mg	50%
Selenium	100 µg	182%
Chromium	60 µg	150%
Molybdenum	50 µg	100%
Iodine	150 µg	100%
Co-Enzyme Q10	10 mg	-
NRV = Nutrient Reference Value		