

10274964

| Ingredient | Per Capsule | %NRV |
|--|--------------------|-------------|
| Vitamin A | 400 µg RE | 50% |
| Vitamin D3 | 5 µg | 100% |
| Vitamin E | 12 mg α-TE | 100% |
| Vitamin K | 75 µg | 100% |
| Vitamin C | 80 mg | 100% |
| Thiamin (Vitamin B1) | 1.1 mg | 100% |
| Riboflavin (Vitamin B2) | 1.4 mg | 100% |
| Niacin | 16 mg NE | 100% |
| Vitamin B6 | 1.4 mg | 100% |
| Folic Acid | 200 µg | 100% |
| Vitamin B12 | 2.5 µg | 100% |
| Biotin | 50 µg | 100% |
| Pantothenic Acid | 6 mg | 100% |
| Calcium | 120 mg | 15% |
| Magnesium | 60 mg | 16% |
| Iron | 14 mg | 100% |
| Zinc | 10 mg | 100% |
| Copper | 0.5 mg | 50% |
| Manganese | 0.5 mg | 25% |
| Selenium | 55 µg | 100% |
| Chromium | 40 µg | 100% |
| Molybdenum | 50 µg | 100% |
| Iodine | 150 µg | 100% |
| Total Lactic Acid Bacteria 2 Billion Viable cells | | |
| Composed of | | |
| <i>Lactobacillus acidophilus</i> CUL60 | | |
| <i>Lactobacillus acidophilus</i> CUL21 | | |
| <i>Bifidobacterium animalis subsp lactis</i> CUL34 | | |
| <i>Bifidobacterium bifidum</i> CUL20 | | |
| NRV means Nutrient Reference Value | | |