

NUTRITIONAL INFORMATION	
Per daily dose: 1 Capsule	
<i>Lactobacillus acidophilus</i>	8 Billion CFU
<i>Lactobacillus gasseri</i>	1 Billion CFU
<i>Lactobacillus rhamnosus</i>	1 Billion CFU
<i>Lactobacillus plantarum</i>	1 Billion CFU
<i>Bifidobacterium bifidum</i>	1 Billion CFU
<i>Bifidobacterium breve</i>	1 Billion CFU
<i>Bifidobacterium longum</i>	1 Billion CFU
<i>Lactobacillus lactis</i>	1 Billion CFU
Inulin	50mg
Psyllium Husk Extract 10:1 (500mg equivalent amount of plant before extraction)	50mg
CFU: Colony Forming Units	