

<b>NUTRITIONAL INFORMATION</b>		
Per daily dose: 1 Capsule		NRV*
Magnesium	100mg	27%
Vitamin B6	1.4mg	100%
Inulin	50mg	-
Passion Flower Extract 4:1 (400mg equivalent amount of plant before extraction)	100mg	-
Ashwagandha Extract 10:1 (500mg equivalent amount of plant before extraction)	50mg	-
<i>Lactobacillus casei</i>	2.5 Billion CFU	
<i>Lactobacillus plantarum</i>	2.5 Billion CFU	
*NRV = Nutrient Reference Values CFU: Colony Forming Units		