

Nutritional Information

	Av. per 2 tablets	%EC NRV*
Horsetail Botanical Ext. equiv. to	200 mg	-
MSM	200 mg	-
Grape Seed Extract	15 mg	-
Co-enzyme Q10	5 mg	-
L-Methionine	30 mg	-
L-Cysteine	30 mg	-
Natural Mixed Carotenoids	2 mg	-
Citrus Bioflavonoids	15 mg	-
Vitamin D (as D3 800IU)	20 µg	400
Vitamin E	mg α-TE	333
Vitamin C	80 mg	100
Thiamin (Vitamin B1)	8 mg	727
Riboflavin (Vitamin B2)	4 mg	286
Niacin (Vitamin B3)	18 mg NE	113
Vitamin B6	10 mg	714

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Folic Acid	400 µg	200
Vitamin B12	20 µg	800
Biotin	150 µg	300
Pantothenic Acid	40 mg	667
Calcium	400 mg	50
Magnesium	75 mg	20
Iron	14 mg	100
Zinc	15 mg	150
Copper	1000 µg	100
Manganese	2 mg	100
Selenium	165 µg	300
Chromium	40 µg	100
Iodine	200 µg	133
*NRV - Nutrient Reference Value		
mg - milligram, µg - microgram, IU - International Units		

