

Non-Drowsy SUDAFED[®]

Decongestant Tablets

Pseudoephedrine hydrochloride

Read all of this leaflet carefully because it contains important information for you. This medicine is available without prescription, for you to treat a mild illness without a doctor's help. Nevertheless, you still need to use Non-Drowsy Sudafed Decongestant Tablets carefully to get the best results from them.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

What Non-Drowsy Sudafed Decongestant Tablets are and what they are used for

Non-Drowsy Sudafed Decongestant Tablets are brownish-red, film-coated tablets branded 'Sudafed'. Each tablet contains the active ingredient: Pseudoephedrine hydrochloride 60 mg.

They also contain: lactose, maize starch, microcrystalline cellulose, magnesium stearate, colloidal silica, hypromellose, talc, polyethylene glycol 400 and red iron oxide (E172).

Non-Drowsy Sudafed Decongestant Tablets relieve the symptoms of colds and flu including nasal congestion and blocked sinuses. They can also provide relief from nasal congestion when this is due to hayfever and similar allergic conditions. They contain pseudoephedrine (a decongestant) to help unblock a stuffy nose.

Product Authorisation holder: Pfizer Consumer Healthcare Ireland, Pottery Road, Dun Laoghaire, Co. Dublin, Ireland.

Manufacturer: Gödecke GmbH, Mooswaldallee 1, 79090 Freiburg, Germany.

Non-Drowsy Sudafed Decongestant Tablets are available to buy from your pharmacy in packs containing 12 or 24 tablets. They are also available on prescription from your doctor in packs of 100 tablets.

Before you take Non-Drowsy Sudafed Decongestant Tablets

Do not take Non-Drowsy Sudafed Decongestant Tablets if:

- You have ever had a bad reaction to any of the ingredients.
- You are taking, or have taken in the last two weeks, drugs for depression including Monoamine Oxidase Inhibitors (MAOIs) or tricyclic antidepressants.
- You have high blood pressure or heart disease.
- You have lung disease or a persistent cough.
- You are taking the antibacterial agent furazolidone.
- You have an intolerance to lactose.

Take special care with Non-Drowsy Sudafed Decongestant Tablets if:

- You have liver or kidney problems.
- You have prostate disease, diabetes, glaucoma (increased pressure in the eye) or an overactive thyroid.

You are taking other medicines including:

- decongestants, appetite suppressants or stimulants.
- medicines to treat high blood pressure (e.g. methyl dopa)

If you are unsure if the medicine you are taking is one of those mentioned above, then show the pack to your pharmacist.

Please consult your doctor, even if the statements above were applicable to you at any time in the past.

Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking Non-Drowsy Sudafed Decongestant Tablets in pregnancy or whilst breast-feeding.

How to take Non-Drowsy Sudafed Decongestant Tablets

For oral use:

Adults (including elderly) and children over 12 years of age: One tablet every 4-6 hours, up to 4 times a day. Maximum of 4 tablets in 24 hours.

Children 12 years and under: Not recommended.

If you take more Non-Drowsy Sudafed Decongestant Tablets than you should talk to a doctor or pharmacist immediately.

If you forget to take Non-Drowsy Sudafed Decongestant Tablets:

Do not take a double dose to make up for forgotten individual doses.

Possible side-effects

Like all medicines, Non-Drowsy Sudafed Decongestant Tablets can have side-effects, although these are rare and usually mild. Tell your doctor or pharmacist if you notice any of the following:

Sleep disturbances, hallucinations, rash or allergic reaction, difficulty in passing urine, increased heart beat (tachycardia).

If you notice these or any side-effects not mentioned in this leaflet, please inform your pharmacist or doctor.

Storing Non-Drowsy Sudafed Decongestant Tablets

- Keep the tablets out of reach and sight of children.
- Store in the original container.
- Do not store above 25°C. Protect from light.
- Do not use after the expiry date on the pack.

Leaflet revised April 2002.

